Contacts

MD Developmental Disabilities Administration (DDA)
Adult support services
dda.health.maryland.gov
Southern MD 301-362-5100

MD Dept of Education - Division of Rehabilitation Services (DORS)
Help with jobs/training
dors.maryland.gov/
Wheaton: 301-949-3750
Germantown: 301-601-1500

Maryland Healthcare Connection (Affordable Care Act)
marylandhealthconnection.gov
855-642-8572

Mont. Cty. Dept Health & Human Services
montgomerycountymd.gov/hhs/
Disability Services
240-777-1216
Behavioral Health Planning/
Management
Core Service Agency
240-777-1400
Crisis Center 240-777-4000
Child Adolescent
Mental Health
240-777-1450

Mont.Cty. Public Schools Transition Services
*montgomeryschoolsmd.org/
departments/transitionsvcs*
240-740-5900

Mont. Cty. Dept Recreation
Therapeutic/Inclusive
montgomerycountymd.gov/rec/
240-777-6870

Social Security Administration
Supplemental Security Income
(SSI) + Medicaid
ssa.gov 1-800-772-1213

Potomac Community Resources
*pcr-inc.org/community-resources/
community-links/*

Cornerstone Montgomery, Inc.
Mental health services
cornerstonemontgomery.org
301-493-4200

Independence Now
Travel training, youth leadership
innow.org 301-277-2839

ThinkCollege.net
College for people with intellectual
disabilities 617-287-2839

National Youth Transitions Center
heath.gwu.edu

WorkSource Montgomery, Inc.
worksourcemontgomery.com/
240-283-1500

Keep It! Organize It!

- personal information (SS#, ID)
- medical records/medications/birth cert.
- eligibility letters
- report cards
- IEPs
- psychological evaluations
- awards, letters of recognition

- exit documents (digital portfolio)
- work experience
- workplace skills
- job training
- resume and references
- list all meetings/phone calls/letters
- list of useful contacts

You're Going to be an Adult -

Are You Ready?

A Transition Checklist for Students with an Individual Education Plan (IEP)

Students with disabilities are ENTITLED to special services.

Adults with disabilities must be ELIGIBLE for special services.

Transition Work Group of Montgomery County in collaboration with Montgomery County Public Schools 2020

Please copy and share!

Age 14 - 21

- Meet the high school Transition Support Teacher (TST).

- Attend annual IEP meetings. Identify goals (post-secondary education, employment, independent living, career exploration, self-advocacy, travel training, social skills, volunteering, vocational skills/certificates).

- Apply for or update Maryland Developmental Disabilities Administration (DDA https://dda.health.maryland.gov/) eligibility status (age 14 - 21).

- Apply to the Maryland Division of Rehabilitation Services (DORS). DORS can help with vocational assessment, training and employment resources. Ask about PETS - pre-employment transition services - for students with disabilities age 14 - 22 who are still enrolled in secondary school.

- Register with WorkSource Montgomery for employment assistance. Seek out pre-graduation volunteer/work opportunities. *Prior work experience is a great advantage in finding and keeping a job!*

- Obtain a Maryland ID card at Motor Vehicle Administration office or consider Developmental Driver Education Program at Montgomery College.

- Investigate travel training, Montgomery County Call 'n' Ride, Metro Access, reduced fares on public transit.

- **Post-secondary education**
    - Identify colleges with supports or programs for students with documented disabilities. *NOTE: Colleges expect the <u>student</u> not the <u>parent</u> to take the lead in requesting accommodations.*
    - Investigate college options for students with intellectual disabilities through <u>ThinkCollege.net</u>; find out about financial aid here *https://fafsa.ed.gov/*

- **Health care**
    - Develop a plan to change from pediatric to adult service providers for physical and mental health care.
    - How long can a young adult stay on the family health care plan? What documentation is needed?
    - Investigate options through the Affordable Care Act.
    - If you have mental health concerns, contact the Mont Cty Dept of Health and Human Services Core Service Agency.

Age 18 - 21

- **Social Security**
    - Apply to the Social Security Administration for Supplemental Security Income (SSI) which entitles the individual to Medicaid/Medical Assistance in Maryland. *Under age 18, family income assets are considered in determining eligibility. At age 18, only the individual's income/assets are considered, even if the student is living with a parent or other family member.*
    - Ask about other Social Security programs or search on *www.ssa.gov:*
        - Student Earned Income Exclusion
        - Impairment Related Work Expenses
        - PASS (Plan to Achieve Self-Support)
        - Ticket to Work
        - Medicaid for working people (1619b)
        - Medicaid waiver for home and community based services (1915c)
        - Workforce Innovation and Opportunity Act (WIOA)

- **The age of majority in Maryland is 18.**
    - Adults are generally entitled to make their own decisions, but do not have to do it alone. Work with health care providers and others to maintain parental access to vital information. Investigate guardianship, powers of attorney and supported decision making.
    - Register to vote.
    - Males register with the Selective Service. *www.sss.gov   1-888-655-1825*

- **Transitioning Youth Initiative**
    - Students leaving school at age 21 who are eligible for DDA may be able to receive limited services through the Transitioning Youth Initiative. DDA should allow each student to choose a Coordinator of Community Services (CCS) provider by their 19th birthday. Work with the CCS case manager to visit/interview potential providers and identify choices by October of the graduation/exit year. Be familiar with this process before the student turns 21.
    - Ask about DDA waiver programs, DORS programs, LEAP awards, Low Intensity Support Services (LISS) and Respite Services.